

Fenway Health Insemination Program (FHIP)**Required Laboratory Studies**

- **Up to date cervical cancer screening:**
 - Age < 30yo: Normal Pap smear and/or HPV test within 3 years
 - Age 30+: Normal Pap smear and/or HPV test within 5 years
 - Any age: If currently being monitored for an abnormal Pap smear, will discuss at your enrollment visit. This is likely not a contraindication to joining the program.
- **Within one year** of the enrollment visit:
 - Complete physical examination or pelvic examination with office visit notes (including blood pressure and BMI)
 - Gonorrhea and Chlamydia (cervical, vaginal or urine test)
 - Blood Group and Rh Factor
 - Blood Antibody Screen
 - Rubella Titer (or proof of MMR vaccination)
 - HIV Antibody
 - Hep B Surface Antigen (Hepatitis B infection)
 - Hep C Antibody (Hepatitis C infection)
 - Syphilis Testing
- The following tests **may be indicated:**
 - Varicella (Chicken Pox) – if no known childhood vaccination or infection
 - Hemoglobin A1C (if diabetic or prediabetic)
- **Genetic carrier screening is recommended**

Send us your lab results through your Fenway Health MyChart (preferred), to the email insemination@fenwayhealth.org, or by faxing them to 617-247-3460 (Attn: Alix Quinn, NP).