

**Fenway Health Insemination Program (FHIP)****Required Laboratory Studies**

- **Up to date cervical cancer screening:**
  - Age < 30yo: Normal Pap smear and/or HPV test within 3 years
  - Age 30+: Normal Pap smear and/or HPV test within 5 years
  - Any age: If currently being monitored for an abnormal Pap smear, will discuss at your enrollment visit. This is likely not a contraindication to joining the program.
  
- **Within one year of the enrollment visit:**
  - Complete physical examination or pelvic examination with office visit notes (including blood pressure and BMI)
  - Gonorrhea and Chlamydia (cervical, vaginal or urine test)
  - Blood Group and Rh Factor
  - Blood Antibody Screen
  - Rubella Titer (or proof of MMR vaccination)
  - HIV Antibody
  - Hep B Surface Antigen (Hepatitis B infection)
  - Hep C Antibody (Hepatitis C infection)
  - Syphilis Testing
  
- The following tests **may be indicated:**
  - Varicella (Chicken Pox) – if no known childhood vaccination or infection
  - Hemoglobin A1C (if diabetic or prediabetic)
  
- Genetic carrier screening **is recommended**

Send us your lab results through your Fenway Health MyChart (preferred), to the email [insemination@fenwayhealth.org](mailto:insemination@fenwayhealth.org), or by faxing them to 617-247-3460 (Attn: Alix Quinn, NP).