

2026 LGBTQIA+ Community Programs Calendar (Page 1 of 2)

Welcoming community programs for LGBTQIA+ older adults and their friends.

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	Pathways Virtual Coffee Hour Zoom Drop-in for LGBTQIA+ Older Adults	Arlington & Beyond LGBTQ+ Seniors & Friends Rainbow Coffee Hour - Amherst Silver Lesbians Prism Coffee Hour (60+)		LGBTQ+ & Allies Socials for Seniors Zoom Drop-in for LGBTQIA+ Older Adults Virtual Visit Drop-in for Transgender Older Adults 50+ The Dune Shack: A Virtual Games/Art Space	Northampton Gay Men's Group	
	Pathways Virtual Coffee Hour Zoom Drop-in for LGBTQIA+ Older Adults	Arlington & Beyond LGBTQ+ Seniors & Friends LGBTQ+ & Friends Social Group (45+) Over The Rainbow Social Club	Cape Cod LGBTQ+ Senior Friends Rainbow Coffee Hour – Belchertown Pathways Coffee Hour – Sudbury (60+)	LGBTQIA+ and Allies Social Zoom Drop-in for LGBTQIA+ Older Adults The Dune Shack: A Virtual Games/Art Space GrandPride	Northampton Gay Men's Group	
	Pathways Virtual Coffee Hour Zoom Drop-in for LGBTQIA+ Older Adults	Arlington & Beyond LGBTQ+ Seniors & Friends Silver Lesbians	Chat & Chew Newton LGBTQIA+ Intergenerational Social (18+)	Zoom Drop-in for LGBTQIA+ Older Adults Virtual Visit Drop-in for Transgender Older Adults 50+ South Hadley LGBTQ+ Social The Dune Shack: A Virtual Games/Art Space Duxbury LGBTQIA+ Events Rainbow Social Group - Plymouth	Northampton Gay Men's Group	
Sip & Schmooze	Pathways Virtual Coffee Hour Zoom Drop-in for LGBTQIA+ Older Adults	Arlington & Beyond LGBTQ+ Seniors & Friends LGBTQ+ & Friends Social Group (45+)	Lower Cape LGBTQ 55+ Seniors Group Opal Coffee Hour (55+)	Zoom Drop-in for LGBTQIA+ Older Adults The Dune Shack: A Virtual Games/Art Space Concord LGBTQ+ Social Group	Northampton Gay Men's Group	

The LGBTQIA+ Aging Project at The Fenway Institute at Fenway Health provides support and technical assistance to aging service organizations who are interested in developing community programs for LGBTQ+ older adults in their area. To learn more about starting programs in your area or to add your programs to our calendar, please contact us at LGBTQIAagingproject@fenwayhealth.org or (857) 313-6590. We also provide support for LGBTQ+ older adults who need help joining these programs or are interested in starting one in their own community.

2026 LGBTQIA+ Community Cafés Calendar (Page 2 of 2)

Welcoming community cafés for LGBTQIA+ older adults and their friends.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Out4Supper	Rainbow Supper Club - Holyoke Rainbow Supper Club - Worcester	Café Emmanuel LGBTQ Luncheon		
		Rainbow Café - Charlton	Flashback Café LGBTQ+ Luncheon Rainbow Lunch LGBTQ+ Supper Club for Older Individuals	Café Emmanuel Rainbow Café - Bellingham Rainbow Elders Lunch	Senior Rainbow Dinner	
	LGBTQ+ Lakeside Café	Mystic Tea		Café Emmanuel		LGBTQIA+ and Friends Events
		Rainbow Café - Franklin	Fairhaven COA LGBTQ Senior Supper Club Kate's Café Rainbow Lunch	Café Emmanuel		South Shore LGBTQ+ Brunch

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LGBTQIA+ Friendly Community Programs and LGBTQIA+ Friendly Community Cafés						
What	When	Where	RSVP	Format	Sponsor	Website
Arlington & Beyond LGBTQ+ Seniors & Friends	Every Tuesday, 2:00pm (check newsletter for more info)	Zoom or Arlington Council on Aging 27 Maple Street, Arlington, MA	Email: mshapiro-ide@town.arlington.ma.us	Alternates in-person and virtual	Arlington Council on Aging	https://www.arlingtonma.gov/departments/health-human-services/council-on-aging
Bourne LGBTQIA+ Events	Recurring, please contact for more info	Bourne Council on Aging, 239 Main Street, Buzzards Bay, MA	Call: (508) 759-0600	In-person	Bourne Council on Aging	https://www.townofbourne.com/council-on-aging
Café Emmanuel	Thursdays, 11:00am-1:00pm	Emmanuel Church, 15 Newbury Street, Boston, MA	Call: (617) 477-6688 Email: Ethosmeals@ethocare.org	In-person	Ethos	https://www.ethocare.org/lgbt-programs/cafe-emmanuel/
Chat & Chew	Third Wednesdays, 12:30-1:30pm	Zoom	Email: info@rainbowseniors.org	Virtual	Rainbow Seniors	https://www.rainbowseniors.org/calendar-of-events
Cape Cod LGBTQ+ Senior Friends	Second Wednesdays, 1:00-3:00pm	Yarmouth Senior Center, 528 Forest Road, West Yarmouth, MA	Email: Capecodlgbtqseniors@gmail.com	In-person	Yarmouth Senior Center	https://www.capecodlgbtqseniorfriends.org/community-calendar
Concord LGBTQ+ Social Group	Last Thursdays, 5:30-6:30pm	Concord Council on Aging, 1276 Main Street, Concord, MA	Call: (978) 318-3020 Email: dpetitt@concordma.gov	In-person	Concord Council on Aging	https://www.concordma.gov/916/ConcordCouncil-on-AgingSenior-Services
Fairhaven COA LGBTQ+ Senior Supper Club	Fourth Wednesdays, 5:00-7:00pm	Fairhaven COA, 229 Huttleston Avenue, Fairhaven, MA	Call: (774) 775-2656 Email: ivy@sclgbtqnetwork.org	In-person	Coastline Elder Services	https://www.fairhaven-ma.gov/council-aging/events/7533
GrandPride	Second Thursdays, 10-11:30am	Northampton Senior Center, 67 Conz Street, Northampton, MA	Email: groups@translategender.org	In-person	Translate Gender	https://www.translategender.org/caregiver-support

Kate's Café	Fourth Wednesdays, 5:00pm-7:00pm	S&S Restaurant, 1334 Cambridge Street (Inman Square), Cambridge, MA	Call: (617) 628-2601 (ask for Community Support Center) Email: info@eldercare.org	In-person	Somerville Cambridge Elder Services	https://eldercare.org/find-what-you-need/advice-info/lgbt_resources/
LGBTQ+ and Allies Socials for Seniors - Andover	First Thursdays, 6:00pm	The Robb Center, 30 Whittier Court, Andover, MA	Call: (978) 623-8320 Email: Kelly.mcshane@andover.ma.us	In-person	Andover Elder Services	https://andoverma.gov/227/Elder-Services
LGBTQIA+ and Allies Social - Somerville	Second Thursdays, 4:30-6:00pm	Somerville Council on Aging, 167 Holland Street, Somerville, MA	Call: (617) 625-6600 ext. 2335 Email: Mbastardi@somervillema.gov	In-person	Somerville Council on Aging	https://www.somervillema.gov/calendar
LGBTQIA+ and Friends Events - Bedford	Third Saturdays, 11am-1pm	Town Center, 2nd Floor Flint Room 12 Mudge Way, Bedford, MA	Call: (781) 275-6825 Email: coa@BedfordMA.gov	In-person	Bedford COA and Minuteman Senior Services	https://minutemanseior.org/lgbtqi-a-and-friends-event/
LGBTQ+ and Friends Social Group (45+) - Chelmsford	Second and Fourth Tuesdays, 5:00pm	Chelmsford Senior Center, 75 Groton Road, North Chelmsford	Call: (978) 251-0533	In-person	Chelmsford Senior Center	https://www.chelmsfordma.gov/223/Council-on-Aging-Senior-Center
LGBTQIA+ Events - Duxbury	Third Thursdays at 5:30pm and select Saturdays	Duxbury Senior Center, 10 Mayflower Street Duxbury, MA	Call: (781) 934-5774 ext. 5703 Email: Brookemcdonough@duxbury-ma.gov	In-person	Duxbury Senior Center	https://schedulesplus.com/duxbury/kiosk/homecal.do?mb=
LGBTQ+ Lakeside Café - Sharon	Third Mondays, 11:00am-1:00pm	Sharon Adult Center, 219 Massapoag Avenue, Sharon, MA	Call: (781) 784-4944 Email: JDavis@hessco.org	In-person	Sharon Adult Center & HESSCO	https://hessco.org/uncategorized/my-calendar/
LGBTQ+ Luncheon - Boston	Second Wednesdays, 11:00-2:00pm	Rogerson House, 32 Beaufort Road, Boston, MA	Call: (617) 477-6688 Email: Ethosmeals@ethocare.org	In-person	Ethos	https://www.ethocare.org/lgbt-programs/
LGBTQ+ Luncheon - Bridgewater	First Thursdays, 11:30am	Bridgewater Senior Center, 10 Wally Way, Bridgewater, MA	Call: (508) 697-0929 Email: seniorcenter@bridgewaterma.org	In-person	Bridgewater Elder Affairs	https://www.bridgewaterma.org/157/Elder-Affairs

<i>LGBTQ+ Supper Club for Older Individuals - Marion</i>	<i>Second Wednesdays, 5:00-7:00pm</i>	<i>Marion Council on Aging, 465 Mill Street, Marion, MA</i>	<i>Email: Maureen@sclgbtnetwork.org</i>	<i>In-person</i>	<i>South Coast LGBTQ+ Network</i>	<i>https://www.sclgbtnetwork.org/events.html</i>
Lower Cape LGBTQ 55+ Seniors Group	Fourth Wednesdays, 5:00-7:00pm	Orleans Senior Center, 150 Rock Harbor Road, Orleans, MA	Call: (508) 255-6333	In-person	Orleans Council on Aging	https://www.town.orleans.ma.us/220/Council-on-Aging-Senior-Center
<i>Mystic Tea</i>	<i>Third Tuesdays, 4:00-6:00pm</i>	<i>Mystic Valley Elder Services, 300 Commercial Street, Malden, MA</i>	<i>Call: (781) 388-2303</i>	<i>In-person</i>	<i>Mystic Valley Elder Services</i>	<i>https://livemves.pantheonsite.io</i>
Newton LGBTQIA+ Intergenerational Social	Third Wednesdays, 1-2:30pm	Brigham House, 20 Hartford Street, Newton Highlands, MA	Call: (617) 796-1675 Email: OASprograms@newtonma.gov	In-person	Newton Department of Older Adult Services	https://www.newtonma.gov/government/seniors/programs
Northampton Gay Men's Group	Every Friday, 1pm	Northampton City Hall, 210 Main Street, Northampton, MA	Call: (413) 587-1228 opt. 4	In-person	Northampton Senior Center	https://northamptonma.gov/2405/Classes
Opal Coffee Hour (55+)	Last Wednesdays, 10:00am	Marlborough Senior Center, 40 New Street, Marlborough, MA	Call: (508) 573-7288 Email: Jnowak@springwell.com	In-person	Springwell	https://springwell.com/service/lgbtqia-initiative/
<i>Out4Supper</i>	<i>First Tuesdays, 5:00pm-8:00pm</i>	<i>Mount Pleasant Home, 301 South Huntington Avenue, Jamaica Plain, MA</i>	<i>Call: (617) 477-6688</i> <i>Email: Ethosmeals@ethocare.org</i>	<i>In-person</i>	<i>Ethos</i>	<i>https://www.ethocare.org/lgbt-programs/out4supper/</i>
Over The Rainbow Social Club	Second Tuesdays, 5:00pm	House of Seven Gables, 115 Derby Street, Salem, MA	Call: (978) 219-4420	In-person	Disability Resource Center	https://www.otrsocialclub.com/
Pathways Coffee Hour (60+) - Sudbury	Second Wednesdays, 2:00pm	Sudbury Senior Center, 40 Fairbank Road, Sudbury, MA	Call: (508) 573-7288 Email: Jnowak@springwell.com	In-person	Springwell	https://springwell.com/service/lgbtqia-initiative/
Pathways Virtual Coffee Hour	Every Monday, 10:30am	Zoom	Call: (508) 573-7288 Email: Jnowak@springwell.com	Virtual	Springwell	https://springwell.com/service/lgbtqia-initiative/

Prism Coffee Hour (60+)	First Tuesdays, 11:00am	Holliston Senior Center, 150 Goulding Street, Holliston, MA	Call: (508) 573-7288 Email: jnowak@springwell.com	In-person	Springwell	https://springwell.com/service/lgbtqia-initiative/
Rainbow Café - Bellingham	Second Thursdays, 2:30pm	Bellingham Council on Aging, 40 Blackstone Street, Bellingham, MA	Call: (508) 966-0398	In-person	Bellingham Council on Aging	https://www.bellinghamma.org/448/Council-on-Aging-Senior-Center
Rainbow Café - Charlton	Second Tuesdays, 4pm	Charlton Senior Center, 37 Main Street Charlton, MA 01507	Call: 508-248-2231 Email: michelle.drumm@townofcharlton.net	In-person	Charlton Senior Center	https://www.townofcharlton.net/297/Council-on-Aging-Senior-Center
Rainbow Café - Franklin	Last Tuesdays, 2:30pm	Franklin Senior Center, 10 Daniel McCahill Street, Franklin, MA	Call: (508) 520-4945	In-person	Franklin Senior Center	https://www.franklinma.gov/583/Franklin-Senior-Center-Council-on-Aging
Rainbow Coffee Hour - Amherst	First Tuesdays, 9:30-11:00am	Amherst Senior Center, 70 Boltwood Walk, Amherst, MA	Email: RainbowcoffeehourAmherst@gmail.com	In-person	Amherst Senior Center	https://www.rainbowcoffeehouramherst.com/
Rainbow Coffee Hour - Belchertown	Second Wednesdays, 10-11am	Belchertown Senior Center, 60 State Street, Belchertown, MA	Call: (413) 687-0710 Email: lgbtqiaatbt@gmail.com	In-person	Belchertown Senior Center	https://wmeldercare.org/commuity-conversation-and-comfort-ae-welcome-to-the-rainbow-social-club/
Rainbow Elders Lunch - Sunderland	Second Thursdays, 12-2pm	South County Senior Center, 22 Amherst Road (Rte. 116), Sunderland, MA	Call: (413) 773-5555 Email: rainbowelders@lifepathma.org	In-person	LifePath	https://lifepathma.org/events-workshops/rainbow-elders-events/
Rainbow Lunch - Worcester	Second and Fourth Wednesdays, 12:00pm	Unitarian Universalist Church of Worcester, 140 Shore Drive, Worcester, MA	Call: (508) 756-1545 Email: WLEN@eswa.org	In-person	Elder Services of Worcester Area, Inc.	https://eswa.org/about-us/lgbt/rainbow-lunch-club/

Rainbow Social Group - Plymouth	Third Thursdays, 5:00pm	Plymouth Center for Active Living, 44 Nook Road, Plymouth, MA	Call: (508) 830-4230	In-person	Plymouth Center for Active Living	https://www.plymouth-ma.gov/245/Center-for-Active-Living
Rainbow Supper Club - Holyoke	First Wednesdays, 5-7pm	Holyoke Council on Aging & Senior Center, 291 Pine Street, Holyoke, MA	Email: rainbowsocialclub@accesscarepartners.org	In-person	Access Care Partners and Holyoke Council on Aging	https://www.facebook.com/HolyokeCOA
Rainbow Supper Club - Worcester	First Wednesdays, 4:00pm	Unitarian Universalist Church, 140 Shore Drive, Worcester, MA	Call: (508) 756-1545 Email: WLEN@eswa.org	In-person	Elder Services of Worcester Area, Inc.	https://eswa.org/about-us/lgbt/rainbow-lunch-club/
Senior Rainbow Dinner - Ashburnham	Second Fridays, 6:30pm	The Community Church, 184 Main Street, Ashburnham, MA	Call: (978) 827-5553 Email: Ashburnhamcommunitychurch@gmail.com	In-person	The Community Church	https://allevents.in/ashburnham/rainbow-senior-dinner/
Silver Lesbians	First, Third, and Fifth Tuesdays, 2:30pm	Northampton City Hall, 210 Main Street, Northampton, MA	Call: (413) 587-1228 opt. 4	In-person	Northampton Senior Center	https://northamptonma.gov/2405/Classes
Sip & Schmooze	Last Sundays, 5-6:30pm	Zoom	Email: info@rainbowseniors.org	Virtual	Rainbow Seniors	https://www.rainbowseniors.org/calendar-of-events
South Hadley LGBTQ+ Social	Third Thursdays, 10:30-12pm	45 Dayton Street, South Hadley, MA	Call: (413) 538-5030 opt. 3	In-person	South Hadley Council on Aging	https://www.southhadley.org/324/Council-on-Aging
South Shore LGBTQ+ Brunch	Last Saturdays, 10am-12pm	Fairing Way Retirement Community, 25 Stonehaven Drive, South Weymouth	Call: (781) 848-3910	In-person	South Shore Elder Services	https://www.meetup.com/south-shore-lgbt-seniors/?eventOrigin=event_home_page
The Dune Shack: A Virtual Games and Art Space	Every Thursday, 10:30am	Zoom	Call: (508) 573-7288 Email: Jnowak@springwell.com	Virtual	Springwell	https://springwell.com/service/lgbtqia-initiative/

Virtual Visit Drop-in for Trans and Gender Expansive Older Adults 50+	First and Third Thursdays, 7:00-8:00pm	Zoom	Email: GMorgan@fenwayhealth.org	Virtual	The LGBTQIA+ Aging Project	https://fenwayhealth.org/the-fenway-institute/lgbtqia-aging-project/programs-support-groups/
Zoom Drop-in for LGBTQIA+ Older Adults	Every Monday and Thursday, 11:30am-12:30pm	Zoom	Email: LGBTQIAagingproject@fenwayhealth.org	Virtual	The LGBTQIA+ Aging Project	https://fenwayhealth.org/the-fenway-institute/lgbtqia-aging-project/programs-support-groups/